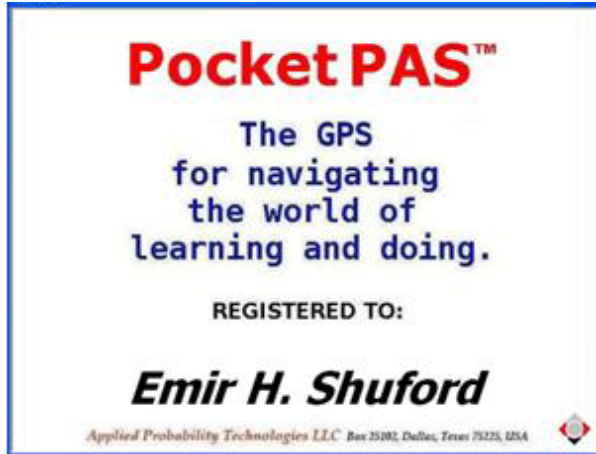
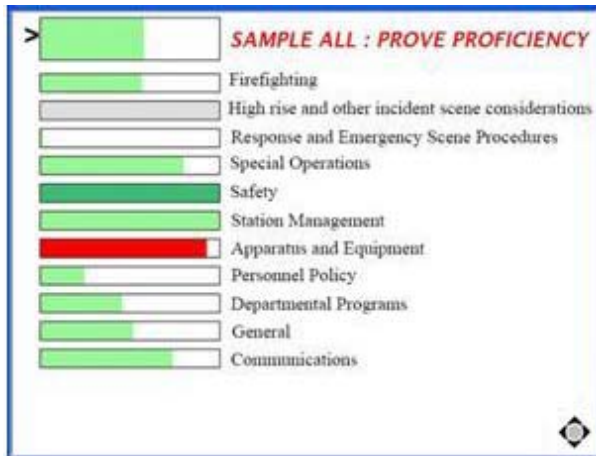


INSTRUCTIONS

Selecting an exercise. *Pocket PAS* starts at the title screen with your name on it. This is your roadmap to mastery of job or subject.



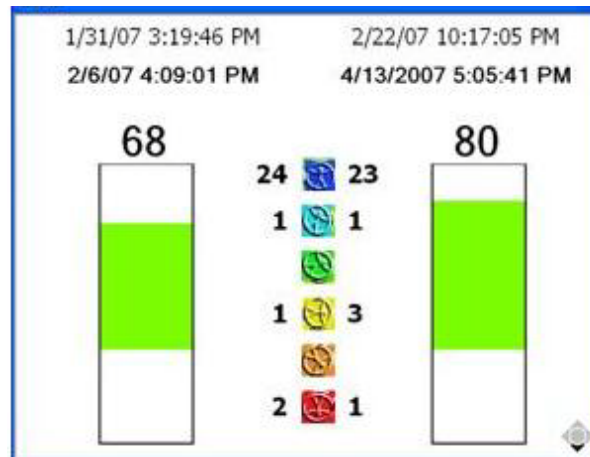
You tell *Pocket PAS* what to do by using the navigation control to move UP, DOWN, RIGHT, LEFT and HERE (the button in the middle). *Pocket PAS* always shows a picture of this control in the lower right corner using black to indicate an active movement or red to end the program.



Move DOWN to see where you are in the first set of exercises. Keep moving DOWN to the bottom exercise and move DOWN again to see the next set of exercises, and so on.

Find the set of exercises you want to work on and then move the pointer to the exercise you want. If the rectangle is grey, you have not yet attempted this exercise. If the rectangle has some GREEN in it, you have attempted this exercise at least once and the amount of GREEN shows your current proficiency. Your proficiency may be less than zero, actually harmful rather than useful, and shows up in RED. When you have completed an exercise within the past 30 days, the color will be more intense.

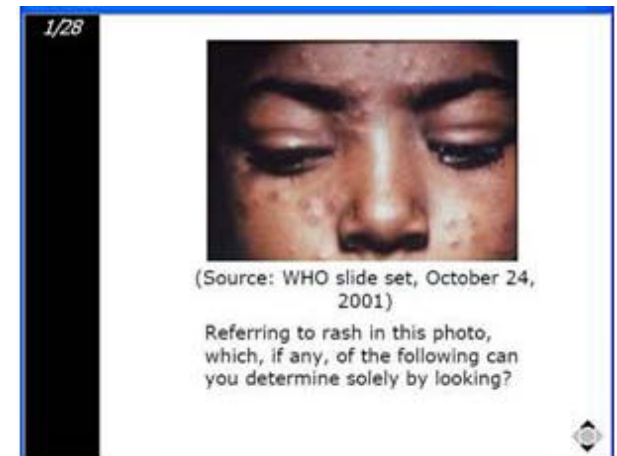
Reviewing your track record. If the rectangle is not grey, then you may move LEFT to see your track record showing your initial proficiency, where you started out, and your most recent proficiency, where you are now, along with the date and time you started and completed the initial and most recent attempt.



Also shown is how often you were diagnosed as —

- ASSURED with good reasons and able to do well under stress and when fatigued
- HESITANT possibly beginning to forget and make a mistake under stress
- PARTIALLY INFORMED ruling out one or more incorrect solutions
- UNDECIDED without much reason to prefer any of the solutions
- MISINFORMED may seek additional information but likely to make a mistake
- DELUDED little doubt as to solution and sure to make a mistake

Making your investments. Move RIGHT to enter a new exercise or an exercise where you left off in the middle.



When solving a problem, the screen shows, in the upper left-hand corner, where you are and how many problems are in this exercise. The order of the problems and solutions is scrambled each time, so you have no clue from before which solution is correct.

After reading the problem statement, move DOWN to see the first possible solution. The open box to the left of the solution shows what your score will be if that solution turns out to be the correct or best one.

Although the score starts out at zero, nothing to gain or to lose, you can change it by moving RIGHT to increase it or LEFT to decrease it. Notice as you adjust your investment in a solution that the potential scores for the other solutions change accordingly. Move DOWN or UP to discover the other solutions.



Your task now is to make the best investment you can, given your knowledge and understanding of the

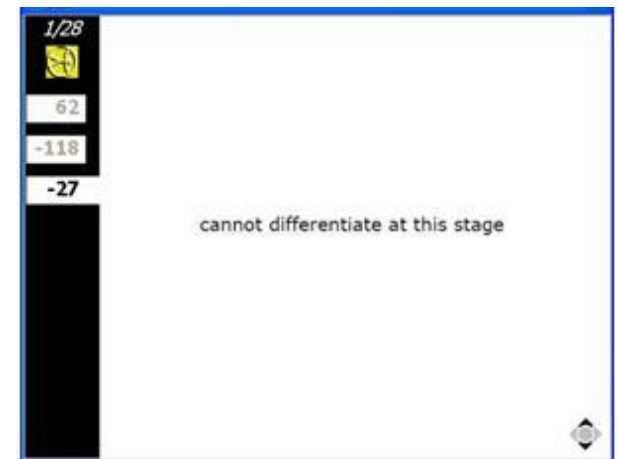
problem. If you have no doubt whatsoever that a solution cannot possibly be the correct or best one, move LEFT, pressing steadily to make the solution score as small as possible. This makes the scores for the remaining solutions larger. A good strategy is to try to rule out solutions and then adjust scores for the remaining possibilities.

If you have no doubt whatsoever that a solution is the correct or best one, move RIGHT, pressing steadily to make the potential solution score as large as possible, 100 points. This makes the potential scores for the remaining solutions into even bigger losses.



Once you have thought about the problem and carefully considered the solutions in order to make the best investment you can, press HERE to see which solution is the correct or best one (score shown in boldface and highlighted)

Notice that your diagnosis for this problem is revealed in the upper left of the screen.



Now you may proceed to the next problem by moving DOWN or you may leave the exercise by moving UP until you get back to the exercise set you started with.

Proving your proficiency. Notice that for each exercise set, the first choice is the invitation to

SAMPLE ALL: PROVE PROFICIENCY.

When you select this, the *Pocket PAS randomly* selects one problem from each of the exercises. Letting someone watch you solve these problems is a good way to convince anyone that you are indeed the person who has done all these exercises. This is *your* proficiency record.

Further, when someone watches you solve the problems they get a good idea of what is included in the proficiency measures.

If anyone thinks it is easy, let them try the first exercise.